

## **Creating a Swim Wristbrand Program**

## **BEFORE YOU BEGIN**

A color-coded swim wristband program is one tool you can use as a part of an overall child safety program. This checklist helps you identify areas to consider when starting a wristband program. Your state may have specific rules for child water safety that you'll want to consider before crafting your wristband policies and procedures.

**NOTE:** Color-coded swim wristbands work best as a part of a layered safety approach that includes supervision, trained lifeguards, a buddy system, and restricting areas where inexperienced swimmers engage in water play.

	Yes	Needs Attention
<ol> <li>Do you have an identification chart that clearly states each wristband color's meaning, criteria for the color, or staff instructions for the color?</li> <li>The Sample Swim Wristband Color Identification form on page 3 helps get you started.</li> </ol>	0	0
2. Do you have a written policy for your swim wristband program?	0	0
<b>3.</b> Does your policy include which skills are needed for each level of swim competency? (e.g., inexperienced, intermediate, and competent swim levels)	0	0
4. Do you have written procedures for how you will evaluate a child's swim competencies?	0	0
<b>5.</b> Do you administer your competencies test at a time when a lifeguard can focus on one child at a time?	0	0
<b>6.</b> Do you mark children under 7 as an inexperienced swimmer, regardless of competency?	0	0
7. Do you set a maximum age for a swim competencies test?	0	0

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M574 (6.21) Page 1 of 3

	Yes	Needs Attention
8. Do you have a check-in procedure prior to water play that ensures each child is marked with the correct band?	0	0
9. Does your body of water or pool have well-marked zones that correspond to swim competency levels?	0	0
10. Do you train your staff annually on each wristband color's meaning, corresponding criteria, and implementation guidelines?	0	0
11. Do you inform parents/guardians about your color-coded wristband policy?	0	0
<b>12.</b> Do your require parents/guardians to sign a waiver stating that they understand your swim program, including the wristband policy?	0	0
Notes:		
Completed by: Date:		

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M574 (6.21) Page 2 of 3



## Sample Swim Wristband Color Identification

Organization:	Year/Season:	
Completed by:	Date reviewed:	
[name of organization] uses a color-coded wristbane	d system as a part of our overall child safety color and its corresponding criteria or instructions.	
WRISTBAND IDENTIFICATION		
RED = Instructions	YELLOW =	
GREEN = Instructions	BLUE =	

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M574 (6.21) Page 3 of 3